

- More than 2 in 5 women and 1 in 4 men in SC have experienced violence by an intimate partner.
- SC has consistently ranked in the top 10 states for women killed by men.
- SCCADVASA member organizations serve tens of thousands of survivors each year.



For a referral to local resources, go to [**sccadvasa.org/get-help**](https://sccadvasa.org/get-help) for an interactive map and listing of SCCADVASA members. You can also call the National Domestic Violence Hotline 24/7 at **800.779.SAFE (7233)** for assistance or visit [**thehotline.org**](https://thehotline.org) to access support using live chat or text.



5 WAYS YOU CAN HELP A FRIEND

Domestic violence impacts every type of person in every community, no matter their age, economic status, sexual orientation, gender, race, religion, or nationality.

1

Listen

It is difficult for victims in abusive relationships to talk about what is happening. Let them tell you their story in their own way. Don't interrupt to tell them what they *should* do.

Believe

Domestic violence is often hidden from friends, family, and neighbors. Victims do not always have visible bruises.

2

3

Stress Safety

Finding safety and feeling safe are both difficult for victims. Encourage them to call their local domestic violence (DV) organization to make a safety plan for themselves and their children.

Find Resources

Offer to help find and contact resources like their local DV organization. Click "Get Help" on [sccadvasa.org](https://www.sccadvasa.org) to access an interactive map and list of providers.

4

5

Support

Be supportive of the choices they make even if you do not understand them. Leaving an abusive relationship can be very difficult, even dangerous. Whether they choose to stay, leave, or return, your support is helpful.