

Other ways you can help:

Learn about domestic violence
and become a spokesperson in your community

Donate to SCCADVASA
or your local domestic violence organization

Volunteer your time at your local shelter

For a referral to local resources, contact SCCADVASA during office hours at 803-256-2900. Or, you can always call the National Domestic Violence Hotline at 1-800-779-7233 for 24-hour assistance.

South Carolina Coalition Against
Domestic Violence and Sexual Assault



5 ways YOU can help a friend

**Domestic violence impacts thousands of people
in our communities every day:**

- ☀ **36,000** incidents are reported to Law Enforcement every year
(SC Attorney General's Office)
- ☀ SC has ranked in the **top ten states** for the rates
of women killed by men every year for the **past 17 years.**
- ☀ In 2015, SCCADVASA's member organizations
answered over **18,000 hotline calls.**

1 LISTEN

It is difficult for victims in an abusive relationship to talk about what is happening. Let them tell you their story in their own way. Don't interrupt to tell them what they should do. Let them know you are available to listen whenever they may need it.

2 BELIEVE

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3 STRESS SAFETY

Ask them if they are safe. Encourage them to call their local domestic violence organization to make a safety plan for themselves and their children.

4 FIND RESOURCES

Offer to help them find local resources and help by contacting SCCADVASA (803-256-2900) or looking at our website (www.sccadvasa.org).

5 SUPPORT

Be supportive of the choices the victim makes even if you do not understand why. Leaving a relationship is very difficult and becomes even more so when it is abusive. Even if they stay in the relationship, or leave and return again, your continued support is helpful so they can find a path to safety.