

One method of preventing sexual assault is bystander intervention, which involves stepping in and speaking up when you see a situation that has the potential for a sexual assault. There is more than one way to intervene - continue reading to discover your options.



For a referral to local resources, go to sccadvasa.org/get-help for an interactive map and listing of SCCADVASA members. You can also call the National Sexual Assault Hotline 24/7 at 800.656.HOPE (4673) for assistance or visit rainn.org to access support using live chat.



5 WAYS TO INTERRUPT SEXUAL VIOLENCE

Sexual assault is any type of forced or coerced sexual contact or behavior that happens without consent. It includes rape and attempted rape, child molestation, groping, forced kissing, and sexual harassment or threats.

1

Be Aware

You may not immediately recognize an unsafe situation. Make eye contact so the person at risk knows you see what is happening. Look for their signals to determine how to step in or if you need to get help.

Distract

A distraction can give someone a chance to get to a safe place. Create a diversion or move around physically to interrupt the conversation or disrupt potentially harmful actions.

2

3

Ask for Help

Instead of approaching alone, ask another person to come with you. Or, ask someone to intervene in your place, like a bartender or security guard.

Be Direct

Talk directly to the person who might be in trouble. Ask questions like: "Can I help you find your friends?" or "Would you like me to stay with you?"

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Be Supportive

Let the person know you want to help. Ask what they need and how you can best support them after an incident.